

The Epistle

Trinity Lutheran Church

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Trinity Lutheran Church is a place to gather, refresh the faithful, and reach out with word and service to all others through the Holy Gospel

February 2021



Dear Friends in Christ,

Of all the things I could write about this month, I may have picked an odd one—Mark's gospel. I could implore you all to read the many pages in our 2020 annual report, which shows the amazing ministry that occurred during a most unusual year. I could once again encourage everyone to log on to our annual meeting, not just so we have a quorum, but so we can see and hear more members of the body of Christ. I could spell out how, despite the changes we will have to make, I have had a major attitude adjustment about Lent (thanks to conversations with Trinity teams) and am actually excited about what we have planned.

What I am most excited about this year is studying, reading, preaching through Mark's gospel. This is the shortest gospel and the first one written, according to most scholars. I encourage everyone to take some time this year and read Mark straight through in a few sittings and then reflect on the Jesus you meet in those pages.

The incarnation, God made flesh, opens the door to unimaginable possibilities. God has truly entered the human condition, a human condition that is not all clean and lovely, warm and welcoming. No longer can we say that God cannot understand what it is like to struggle against the cold, to have to flee to another country, to be betrayed by a friend, to grieve the loss of a loved one, to fear suffering and or death, to experience a seeming absence of God the Father. Our God has truly walked our walk. God's Word of love has truly taken flesh.

Jesus not only spoke of God's reign of justice, but he stood in solidarity with the poor and the outcasts. Jesus not only spoke of a God who longs for our wholeness, but he touched a leper to clean skin, a stooped woman to straightness. Jesus not only said, "I love you," to the hungry crowd, but fed their hungers with truth and with bread. He did not just say, "I love you," to us, but picked up a cross, suffered, died our deaths, and rose that we might know life eternal.

Turning the page to 2021, I remain most excited and hopeful about following this figure Jesus and following him within the company of our particular community of faith.
Peace,
Pastor Meggan



The Noisy offering for **January**, on Sunday, January 27th will be for the **Trinity Emergency Fund**. Pastor Meggan has requests for gas vouchers, for help with utility and medical bills and for food from our food

pantry. This fund affords her the chance to assist others when needed. Thanks for your generosity!

February's Noisy Offering on Sunday, February 28th will be for Trinity Community Gardens and the *Souper Bowl of Caring*. Trinity Community Gardens is managed by Paulette Blaseg at the Phocas and Trinity Garden sites along with volunteers. They are in charge of planning, planting, weeding, fertilizing & harvesting as well as delivering to sites in Ada and Canyon County. *The Souper Bowl of Caring* unites communities to tackle hunger using the energy of the Big Game. Its vision is to transform the Big Game into a nationwide movement inspiring people to give locally and make a collective impact on hunger. This year we will be collecting monetary donations since our food pantry is well-stocked.

-Constitution Update-



At the November 2020 Church Council meeting, Gospel and Growth submitted a proposed change to our constitution. This change is intended to make the constitution

more accurately reflect the mission of this team. The proposal was approved by Council. The next step is to get voter approval at the January 31, 2021, annual meeting. We ask you to review this language as you prepare to vote at the annual meeting.

Chapter 13. CONGREGATION COMMITTEES

C13.07.04 Gospel and Growth

Purpose: To promote spiritual growth and create community in and outside of our congregation.

Areas of Responsibility include: On-going efforts to plan, organize and implement activities: 1. that may include things like prayer vigils, church campout, occasional mission projects, devotions (Christ in Our Home and the Advent Daily Devotional booklet), visitor welcome sacks, and bringing spiritual emphasis to other church activities.

In the Sanctuary Sunday Mornings



While we as a community try to flatten the curve again and protect our healthcare workers and most vulnerable among us, our congregation will continue to worship online. However, according to council's guidelines, eight people, along with Pastor Meggan and the accompanist, can be in the sanctuary for Facebook live worship Sunday mornings. If you would like to be part of this group February 7, 14, 28. please call or email Bob Cola in the church office.



Monday Morning Study- 10:00 a.m.
Bible Study on Mark's Gospel.

OFFICERS/COMMITTEE LIAISONS- 2020

President

Kim Mills (20)

Vice-President

Sarah Henthorn (21) (20 as Vice-President)

Secretary

Tami Robinson (20)

Treasurer

Lloyd Kellar (renewable)

Financial Secretary

Karissa Armbrust (renewable)

Accounts Payable Coordinator

Peggy Miller (renewable)

Council Team Assignments

Christian Education/Youth: Mary Braudrick (20)

Church in Community: Mwajuma Dusabe (22)

Communication: Patrick Kelly (22)

Gospel and Growth: Tami Robinson (20)

Hospitality: Amanda Hanson (22)

Property: Tom Friddle (21)

Stewardship: Penelope Smith (22)

Trinity New Hope: Caitlin McHugh (21)

Worship & Music: Kim Mills (20)

Congregational Committee Assignments

Audit: Julie Ward (21) Mary Friddle (20), Emily Bentley (22)

Endowment: Larry Mills (21), Lisa Harker (22), Leon Long (20)

Memorial: Ardelle O'Bryan (21), Leon Long (20),

Andrew Hanson (22)

Nominating: Mary Braudrick, Phil Cronk, Tami Robinson,

Steve VanAtter

Mutual Ministry: Sharon Jones, Sarah Henthorn, Tammy Torrey,

Steve Ward

Synod Assembly Voting Members: N/A

Luther Heights Representatives: Janet Metzger & Cathy Winwood



The **January** Women's Luncheon will be at 11:30 a.m., Tuesday, January 26th. Details to be announced.

The Women's Luncheon for **February** will be 11:30 a.m., Tuesday, February 23rd. Details to be announced.

Trinity New Hope Wish List



-Eight (8) Night Vision Cameras, \$50 a camera;

-Professional office grade copier; -Lighter New Laptop; -16 Fire extinguishers;

-3 new sprinkler system timers (Rain bird) ours are worn out after 24 years. We keep having flooding issues or dry issues because they need to be replaced. This request was presented by our landscaping team.

EQUAL EXCHANGE Do you have a French Press? Or do you like to dabble in making cold brew? Or do you still have a percolator coffee pot? Or do you like to make cowboy coffee (Lloyd). And do you miss the EE Fellowship Blend coffee we enjoyed during coffee hour? Well, you can now purchase a whole pound of Fellowship Blend coffee for only \$7.00. Other EE products also for sale. Call Renee or Steve VanAtter. Your order can either be delivered to your door or left at the church.

Confirmation Schedule

January - Baptism, Temptation, Call of Disciples

Jan. 31 Small Groups on Zoom

February - Jesus' Ministry and Teaching

Feb. 7 Video Drops/Classroom Open

Feb. 14 Small Groups

Feb. 21 Parent Meeting

Feb. 28 Small Group

March - Jesus' Passion

Mar. 7 Video Drops and Classroom Open

Mar. 14 Small Group

Mar. 21 Parent Meeting

Mar. 28 Small Group



Statistical Comparison For January

	<u>Attendance</u>	<u>Offering</u>
12/29/19	41	\$ 7,578.20
12/27/21	virtual (cluster)	3,582.00
1/5/20	92	3,063.10
1/3/21	56	2,761.38
1/12/20	55	2,715.00
1/10/21	64	2,135.00
1/19/20	70	2,538.00
1/17/21	60	2,263.86
1/26/20	77	11,553.00
1/24/21	64	1,175.00
2/2/20	73	4,125.37
1/31/21	(unavailable at time of printing)	

* online estimates

December Automatic Giving: \$ 2,032.55

January Automatic Giving (through 1/25): not available



Technical Help Needed

We are getting new sound equipment for our sanctuary this summer. We are also planning to enhance our online worship presence. Both of these additions will require a team of people trained to help run the equipment during worship. We would like to have 4-5 people trained for these tasks who would rotate Sundays, much like our other worship servants. Please let Pastor Meggan know if you are interested in serving in this way.



Flowers- Even though we aren't meeting in person yet, flowers are still desired for the sanctuary. Please bring them to the church office during office hours by

Thursday.



Star Words

By now, everyone should have received their 2021 "Star Words" - either by picking them up at church or included in a mailing from church the week of January 10th. In case you aren't sure what to do with your word, here are a few ideas. Some people put their star words on the refrigerator door, so they can read them each time they go to the fridge. Others put them on the bathroom mirror, reading them each morning and each time they brush their teeth. Those who drive daily may tape them to the dash of their car. Others put them on their calendar or the headboard of their bed or place them inside their Bible or use as bookmarks in the current edition of *Christ in Our Home*. The key is to put your word someplace where you will see it (and give thought to it) daily. This is the star word that chose you. Ponder it and listen for what God might be telling you. As the magi followed the star to find Jesus, we hope you will learn more about what Jesus has in mind for you on 2021, thanks to the attention you pay to your star word.



Congregation Council
Meeting for **January**
Team Reports for 1/21/21

PASTOR'S REPORT: Pr. Meggan Manlove

Pandemic Goals: As I write this, I am looking forward to dreaming about Lent with Trinity's WAGM team and my Cluster colleagues. I hope to open the sanctuary up for one or two rotation services (like Epiphany) this winter. Thanks to Karissa, our accounts payable coordinator, for getting our year-end statements out in a timely manner and thanks for your continued generosity. Letters about the annual meeting went out in mid-January. Please read both sides of the letter and get ready to hop on Zoom leading up to the annual meeting Jan. 31. Please read your annual reports--there is much to celebrate in those pages.

Cluster and the Treasure Valley: King of Glory Lutheran Church, Boise has called Pastor Connie Winter-Eulberg as their pastor. We will welcome her in early spring. Hospice Chaplain, Pastor Kari Sansgaard is moving to South Dakota in February to be closer to family. Pastor Kelly Loy, now with Shared Path Counseling, has an official call to the synod which includes ministry with our cluster congregations. Pr. Gretchen Binge, Immanuel, Boise, will retire March 1st. Confirmation Coop took a two-week break over the holidays and resumed Jan. 10. In February I will be participating in LEAP Housing's **YIGBY** (Yes in God's Backyard) virtual panel, as one of three faith leaders whose congregations are addressing housing.

CHURCH IN COMMUNITY: Mwajuma Dusabe/JB

Equal Exchange: coffee/chocolate/tea sales. A new order is in so call Steve or Renee VanAtter to place an order! Thanks for your continued support!

Noisy Offerings: **12/17 The Mission Continues \$69.21; Year total: \$1588.49!** **1/31 Trinity Emergency Fund** is used by Pastor Meggan when she has requests for gas vouchers, for help with utility and medical bills and for food from our food pantry. This fun affords her the chance to assist others when needed. Thanks for your generosity! **2/28 Trinity Community Gardens** will be our February Noisy Offering. **PLEASE MAIL IN YOUR DONATIONS WITH YOUR MONTHLY GIVING OR BRING THEM TO THE CHURCH OFFICE! MANY THANKS!**

SOUPER BOWL SUNDAY FEB. 7! Our food pantry is pretty well-stocked right now so we are not collecting cans of soup. Please include any donations with your monthly giving along with your Noisy Offerings. We will use the funds later when we need to restock the food pantry. Many yummy thanks!

GOSPEL & GROWTH – Tami Robinson

After a break in December, we met on January 14, 2021. Following a devotion about how God writes words of hope to bring light into our dark world. Our first topic was the 2020 Advent Daily Devotional Booklet. This is a project that seems to produce more hope and joy each year. We are already planning for 2021. We printed 105 regular sized books and 5 large print versions. All of them were picked up and we do not know how many were printed out in homes from the PDF version that was sent by email. A successful endeavor!

We are disappointed to have to delay the Midwinter movies indefinitely. We to wait until it is safer for us to meet, maybe after the vaccines have been reached more of the population? We are talking about the possibility of watching a streamed movie and then having a group discussion on Zoom. We aren't sure about how many people are able to stream movies.

As a church we are still concerned about everyone feeling connected to the church even though we cannot meet in-person. We do not want anyone to feel left out. We are planning a fund-raising event to help with global hunger. You will be seeing more information about this very soon.

We are looking ahead at some in-person activities that will be happening in February and we are cautiously optimistic about the possibility of having the church camp out this year.

We will meet again February 10, 2021 at 2:30 pm.

STEWARDSHIP: Penelope Smith

Several milestones related to giving are: We have added 5 households to those already using the "online giving" Paypal option on the church website. 2020 giving statements were mailed out the week of January 10th. There are 16 households using colored offering envelopes in 2021. We drafted the Year-Round Stewardship theme calendar for the next 6 months. January emphasis is Star Words, which were mailed to those who did not participate in the in-person Epiphany event. February's theme relates to calmness and inner peace, but we decided to name the elephant in the room and title it "Stewardship of Our Anxiety". Watch for opportunities to share what helps bring you to a calmer place: sounds/music, pictures, activities, prayers, etc. March will focus on Stewardship of our Building and the Spring Clean Up done prior to Easter. We also looked ahead to supporting our monthly Noisy Offering (reminding people that it's OK to give paper money and checks, not just coins) and an ELCA World Hunger campaign this Spring (remember the pigs from 2015?) We are welcoming Brandon Ziemer and a new Council liaison to the team this spring.

With the COVID19 pandemic raging across the world, the need to support ELCA World Hunger is even greater than ever. Yes, we are tired of dealing with the virus here in the US, but our lives **do** have bounty compared with Third World Countries. We decided to hold another God's Global Barnyard campaign this spring. **Here's what you can expect:**



Barnyard (collection) Boxes - will be available at church during February through February 17th (Ashes on the Go). After 2/17, households who have not picked up their boxes can connect with the nearest Church Council member to get theirs. (*more info on this later*). If you are out-of-state, we can mail yours to you. Please use crayons or markers to personalize your box. Take a photo and share it with us. And start feeding your box!



Coloring Books - will be available to families with children - and we will attach some coloring sheets to our "Sunday Service" emails.



Special Events - At each outdoor in-person worship service during March, April and May, we will feature one of the different animals we hope to purchase. Chicks cost \$1 each; honeybees cost \$20 a colony; pigs cost \$30; goats cost \$50; cows cost \$500. Who knows - we might have another door prize event on "pig Sunday"!?

We will remember **World Hunger** in our prayers and with special discussion questions at social activities.

Lenten Discipline - if you are giving up something for Lent, please include feeding your Barnyard Box. For example, you could drop \$3 into your Barnyard Box for each Starbucks or Dutch Bros. you go without. Or \$1 for each candy bar you skip.



Remember - while it's fun to collect coins in our cute boxes, the paper money and checks really help our total add up! And, with the memo line specifying God's Global Barnyard, you could even use the "ONLINE GIVING"

button on the church's website.



Sunday, May 23rd, is Pentecost Sunday. At our outdoor in-person worship service, we will collect the Barnyard Boxes filled with coins, paper money and checks.



Annual Meeting of the Congregation January 31st, following the service on Zoom

Our 2021 Annual Meeting will be Sunday, January 31st after worship at 10:45 am on Zoom. This is the first time we have done our annual meeting electronically. We will have a virtual waiting room and record people's names as they arrive. This will help us determine if we have a quorum. Here is what you need to know:

FOR THOSE CONNECTING WITH VIDEO (by computer, tablet, or smart phone)- Links will be sent out by email later in January. This includes links to the:

Practice Zoom meeting – Saturday, January 23rd from 3:00 – 4:00 pm

Budget Question and Answer sessions on Sunday, January 24th after worship at 11:30 am and Wednesday, January 27th at 7:00 pm

Annual Meeting – Sunday, January 31st at 10:45 am

FOR THOSE DIALING IN WITHOUT CAMERA (by landline or cell phone)- Here are the numbers for dialing in

Trinity Lutheran Practice Zoom
Jan 23, 2021 3:00-4:00 PM
Dial from your phone: 1-253-215-8782
Meeting ID: 858 8194 6505
Passcode: 384441

First Trinity Budget Q and A
Jan 24, 2021 11:30 AM
Dial from your phone: 1-253-215-8782
Meeting ID: 891 4889 2329
Passcode: 308622

Second Trinity Budget Q and A
Jan 27, 2021 7:00 PM
Dial from your phone: 1-253-215-8782
Meeting ID: 890 0149 2235
Passcode: 133574

Trinity Lutheran Annual Meeting
Jan 31, 2021 10:45 AM
Dial from your phone: 1-253-215-8782
Meeting ID: 857 8925 8175
Passcode: 914968

To help everyone prepare for the Annual Meeting, copies of the annual report, sample ballot of candidates for elected office, and proposed budget will be sent to you ahead of time – by email to those with email and by USPS to those who get their Trinity communications that way. If you are not able to print at home, ask Bob Cola to mail paper copies to you.

The practice Zoom session on Saturday, January 23rd from 3:00 - 4:00 pm will help those unfamiliar with Zoom learn how to connect and participate in meetings.



The Annual Meeting of Trinity New Hope, Inc. will be Thursday, February 18, 2021 at 6:00 p.m. Interested congregational members welcome to attend In person or on zoom.



-New Address-

Margaret Booth has a new address
1052 E. Cape Elizabeth Dr.
Nampa, ID 83686

Bryce Quarve has a new email address-
zaubertuba@protonmail.com

Terry Blom's email address is-
terryblom@q.com



Join the *Not My Grandmother's Canning Team*

Would you like to join a group of volunteers who teach people how to preserve food safely? The University of Idaho Extension program works with volunteers from Trinity Lutheran Church and the Nampa area to teach the latest and safest methods of home canning. Volunteers are trained as Master Food Safety Advisors. Our team is looking for **two additional members**. The training starts very soon so you need to get registered right away but because of Covid it is being offered at two locations this year. One program will start on Tuesday, February 2nd and run through Tuesday, March 16, from 9:00 am to 3:00 pm. The lecture/demonstration portion of the program will be offered via Zoom (virtual) and the hands-on labs portion of the program is offered on the same dates in the afternoon at the Ada County Extension Office, 5880 Glenwood St., Boise, ID 83714.

The second program will be offered in Marsing at the Owyhee County Extension Office from Tuesday, February 2nd through Tuesday, **March 30th**. Please note the two additional Tuesdays). The lecture/demonstration portion of this program will also be held on Zoom from (9 am to 12:00 pm (Tuesday, February 2,9,16, 23, March 2, 9, & 16) The hands-on labs portion of this program will take place on Tuesday, March 23rd & Tuesday, March 30th from 9:00 am – 3:00 pm. The location of the hands-on canning labs is still to be determined, but will be held on both dates, in Owyhee County (Marsing or Homedale locations).

Topics include canning acid foods, canning low-acid foods, soft spreads, pickling, dehydration, food safety, and freezing. The cost is \$95.00, but in exchange for you joining the *Not My Grandmother's Canning Team*, half of your tuition will be covered. The **Application Deadline is January 21, 2021**. Please ask Pastor Meggan (208-466-2173) or Tami Robinson (208-681-1480) for an application. Trinity members please speak with Tami or Lloyd and Judy Kellar if you have questions about the training.

Sunday Adult Forum



We will soon be reading and discussing Kate Bowler's book [Everything Happens for a Reason: And Other Lies I've Loved](#). Pick up a

copy and join us on Zoom at 8:45 am Sunday mornings. Contact Pastor Meggan for the Zoom link.



The sign-up sheets for Church Cleaning (east end of the Fellowship Hall) and Fellowship Time (both are in the Fellowship Hall) for 2021 are posted. The Eternal Candle and Wine sign-up sheets

for 2021 are in the long hallway on the bulletin board. Sign up now to get those dates you've always wanted.



Monday Mid-Winter Movies - Are delayed until we can safely gather.. So here is our Plan B. We encourage you to find one laugh-out-loud film to watch each week. Our local public library is a great source of films for those with DVD players, and for those of you who "stream" videos, the possibilities are endless. And, when it becomes safe for us to gather in person, we will resume our Monday Movie tradition.

Trinity Servants For February 2021

δουλος [doulos] is the New Testament Greek word for servant.

	<u>February 7</u>	<u>February 14</u>	<u>February 21</u>	<u>February 28</u>
Assisting Minister	TBD	TBD	TBD	TBD
Organist	Wendy Quarve	Patricia Bishop	Karissa Armbrust	Patricia Bishop
Lector	TBD	TBD	TBD	TBD
February Lessons	<i>Isaiah 40: 21-31 Psalm 147: 1-11,20c 1Cor. 9:16-23 Mark 1: 29-39</i>	<i>2 Kings 2: 1-12 Psalm 50: 1-6 2 Cor. 4: 3-6 Mark 9: 2-9</i>	<i>Genesis 9: 8-17 Psalm 25: 1-10 1 Peter 3: 18-22 Mark 1: 9-15</i>	<i>Genesis 17: 1-7, 15-16 Psalm 22: 23-31 Romans 4: 13-25 Mark 8: 31-38</i>
Acolyte	N/A	N/A	N/A	N/A
Crucifer	N/A	N/A	N/A	N/A
Communion Asst.	N/A	N/A	N/A	N/A
Ushers	TBD	TBD	TBD	TBD
Greeters	N/A	N/A	N/A	N/A
Nursery	N/A	N/A	N/A	N/A
Church Cleaning	TBD	N/A	TBD	N/A
Altar Guild	N/A	N/A	N/A	N/A
Fellowship Time	TBD	TBD	TBD	TBD
Offering Counters	TBD	TBD	TBD	TBD
Flowers/Greens	TBD	TBD	TBD	TBD

**Eternal Candle: TBD; Wine: TBD; Council Devotions: TBD;
Communion Bread: TBD.**

**TRINITY LUTHERAN CHURCH
CALENDAR FOR MONTH OF FEBRUARY 2021**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Office 9 a.m.-1 p.m. 10:00 a.m. Monday Morning Study via Zoom 6:30 p.m. Trinity Covid Task Force		3 Office 9 a.m.-1 p.m. 7:00 p.m. Stewardship	4 Office 9 a.m.-1 p.m. 6:30 p.m. Al-Anon	5	6
7 Fifth Sunday after Epiphany Souper Bowl of Caring 8:45 a.m. Adult Forum 10:00 a.m. Worship and Holy Communion 10:45 a.m. Fellowship on Zoom	8 Office 9 a.m.-1 p.m. 10:00 a.m. Monday Morning Study via Zoom	9 Office 9 a.m.-1 p.m.	10 Office 9 a.m.-1 p.m. 2:30 p.m. Gospel & Growth	11 Office 9 a.m.-1 p.m. 6:30 p.m. Al-Anon	12	
14 Transfiguration of Our Lord Last Sunday after Epiphany 8:45 a.m. Adult Forum 10:00 a.m. Worship and Holy Communion 10:45 a.m. Fellowship on Zoom	15 Office Closed President's Day 10:00 a.m. Monday Morning Study via Zoom	16 Office 9 a.m.-1 p.m.	17 Office 9 a.m.-1 p.m. Ash Wednesday 4-6 p.m. Ashes on the Go 7:00 p.m. Pre-recorded Cluster worship	18 Office 9 a.m.-1 p.m. 6:30 p.m. Al-Anon 7:00 p.m. Church Council	19	20
21 First Sunday in Lent 8:45 a.m. Adult Forum 10:00 a.m. Worship and Holy Communion (Pre-Recorded Color Amazed Sermon) 10:45 a.m. Fellowship on Zoom	22 Office 9 a.m.-1 p.m. 9:00 a.m. Epistle Articles Due 10:00 a.m. Monday Morning Study via Zoom	23 Office 9 a.m.-1 p.m. 11:30 a.m. Women's Luncheon	24 Office 9 a.m.-1 p.m. 6:00 p.m. Trinity New Hope Annual Meeting 7:00 p.m. Pre-recorded Mid-week Lent	25 Office 9 a.m.-1 p.m. 6:30 p.m. Al-Anon	26	27
28 Second Sunday in Lent 8:45 a.m. Adult Forum 10:00 a.m. Worship and Holy Communion 10:45 a.m. Fellowship on Zoom						

LET US REMEMBER IN OUR PRAYERS

Mercy (16 yr old friend of Sarah Henthorn- Hodgkins Lymphoma), Pastor Meggan and her family (father, Jerry, passed away 12/16/20), Matt Steelman (Friend of Helen Hatton- back surgery), Susie Tyler (Friend of Helen Hatton- serious liver disease), The Haugen Family (Louise passed away on Wednesday, 12/9), Ruth Bond and the Quarve Family (Ed Bond, Wendy's father, recently passed away), Clifton Topp (recent knee replacement surgery), The Torrey Family (the recent passing of Bob Torrey), Johnny Dobbs (Family friend of Sharon Jones- in need of prayer), Mason Hale and hospital staff (George & Sharon Hurd's grandson- back surgery 10/12), Colton (Fran & Elwood Webb's grandson- brain tumor), Joe Lutz (Marilyn Kirkness' son-in-law- prostate cancer, Wes Doss (cousin of the McHugh's- in a coma), Marcy Seba (Heinz' sister-in-law- stroke), Bob Henderson (from Terry & Sandy Blom- strokes), Di Seba (cancer treatments), Linda Dombeck, Virginia Gabel (from Emily Carpenter- kidney tumor), Our government (from Sharon Jones), Vickie Caldwell (from Terry & Sandy Blom- cancer and chemotherapy), Darbie (Amanda Hanson's cousin- colon & liver cancer), Bob Smith (Julie Ward's uncle- reoccurring cancer), Sophia (Carl Radke's baby niece- in hospital), Jerry Gaines (from Emily Carpenter- degenerative spinal cord disease), John & Sarah Klahn (as they try to conceive), Logan (Kelly Family nephew- pancreatitis), Jen Brossart (from Amanda Hanson- cancer), Aspen (Kelly Family niece- fighting leukemia), Connie (Edith Hannett's daughter- for health & happiness), Sonja Thompson (from Sharon Jones- health issues), Kim Edwards (Perry's wife- health), Linda Dobbs (Sharon Jones' landlady- health), Letha (Jennifer Metz' mother- tumor in knee), David Dombeck (poor health), Mona Lisa Regier (parkinsons), Summer Foote (daughter of Randy & Martha Miller- MER infection).

People in the Armed Services: Ben Rogers (The Vanatters' nephew), Christopher Blohowiak (George & Helen Collins' great-grandson- Army), Brett Collins (grandson of Helen Collins- Marines), John C. Collins II (Helen Collins' grandson- Navy SEAL), Bill MacDonald (Navy).

Those in need of continuing prayer: Ivan Kruchowsky (former Trinity member- for healing), Doyle Budd (nephew of Trisha Bishop and Di Seba- for peace and healing and guidance for doctors and family), Lorenna Ellis - Cru Campus Ministry National/Headquarters. John Steele (friend of Karissa Armbrust- cancer).

YEAR-ROUND STEWARDSHIP - the focus in February is "**Stewardship of our Anxiety**". That's calling it like it is! On a personal, a family, a local, a national, and a global scale, there is so very much that makes caring people worry - feel anxious - feel fearful. While a certain amount of worry is inevitable, and even helpful (making us drive more carefully when the roads are icy, for example), constant and pervasive anxiety is damaging to our physical and mental health and to our relationships with those around us.

In February, we are asking you to practice taking little breaks from the worries of the day as you journey on the road to a more balanced and joyful life. We understand that what works well for one person may not work well for someone else. We have some hints for you, and we are asking YOU to share your own tips with us and each other. Is it some sounds or music? If so, what specifically helps you? Is it a physical activity? If so, tell us more (or send us a short video). Does it involve using your eyes (looking at certain pictures or visualizing being in a treasured place)? Is it a meditative spiritual practice? Describe what about this practice works for you. Watch for more information each week.



GOD'S GLOBAL BARNYARD - Six years ago, during Lent, we distributed small collection boxes in a barnyard theme, asking members to share of their bounty with people in Liberia (an African country ravaged by civil war and an ebola epidemic.) We kept the "piggy bank" project in the forefront of peoples' minds using skits, door prizes, special prayers, etc. When the banks were collected on March 29, 2015, we collected an overwhelming offering of **\$1019.91**, which was sent to



ELCA World Hunger to purchase **MANY** pigs!

(2015 Door Prize Day Photo: *Back Row:* Mona Lisa Regier, Peggy Miller, Di Seba. *Middle Row:* Steve Ward, Juvi Masumbuko, Geri Mills, Randy Miller, George Hurd. *Front Row:* Giada Armbrust, Alexa Ward.)

The **Annual Meeting** of the Congregation
will be Sunday, **January 31st** following the service.
Annual Meeting Agenda Items –Elections -2021 Budget

Souper Bowl of Caring
Sunday, February 7th, 2020

Our food pantry is pretty well-stocked right now so we are not collecting cans of soup. Please include any donations with your monthly giving along with your Noisy Offerings. We will use the funds later when we need to restock the food pantry. Many yummy thanks!

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Trinity Lutheran Church
8 South Midland Blvd.
Nampa, ID 83651
(208) 466-2173

TO: