

The Epistle

Trinity Lutheran Church

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[facebook](#)

Our Mission Statement

Trinity Lutheran Church is a place to gather, refresh the faithful, and reach out with word and service to all others through the Holy Gospel.

March 2025



PREPARING FOR LENT

We have had a Call filled Epiphany receiving our star words, and through the lectionary time and time again hearing God call Prophets, Jesus, and Disciples into service. Epiphany is a season of

new paths revealed even when those paths call to us when we are not ready. But in the end, through the transformative love of Jesus Christ all things are possible. This month as we enter the season of Lent let us take this year's theme of Gratitude and the reflections on Call from Epiphany with us on our forty-day journey of contemplation. In Epiphany I often asked what are we called to do? Put in terms of Gratitude, what gives you life so that you may be life giving for others in our shared community with God? This Lent our Wednesday Worship series will engage each of our senses to help make the spiritual tangible as we prepare for Holy Week. See, hear, smell, touch, and taste Gods presence in our lives. Center yourselves in faith, that we may know what we need, who we are, and how we can reach out and share those gifts of the Spirit with others. This can always start small. Just bring one friend to church once. Looking forward, how do you see your Call shaping Trinity?

Vicar Aaron Carr (He/Him)



NEWS FROM CHURCH AND COMMUNITY

JANUARY'S NOISY OFFERING brought in

\$514.53 for Vicar Aaron's emergency fund. What a great way to start 2025. Thanks to everyone's generosity!

MARCH NOISY OFFERING on Sunday 3/30/25 will go to **SHE Style Her Empowered** (the Dress That Grows). The Dress that Grows provides approximately 1,500 girls a year with school uniforms in the country of Togo. The dress can fit a girl for 3 years adjusting to 6 sizes allowing them to get an education. \$20.00 pays for One dress, the girls do the sewing, therefore also learning a marketable skill.

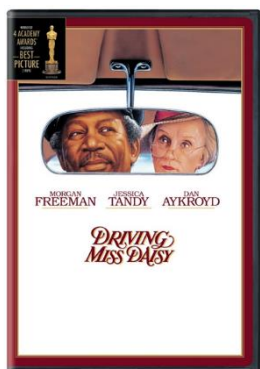
LUTHERAN WORLD RELIEF – 2025 is the 80 year anniversary of loving our neighbor for Lutheran World Relief. This all started in 1945. Please check out LWR.ORG/80 for more information. Thanks! Church in Community



The **Women's Lunch** is Tuesday, March 25, 2025 at 11:30am. Additional details will be made available as we get closer to the date. Please look in the Sunday Service bulletins for this information.

ASHES ON THE GO - Our annual drive-through Ash Wednesday gift to the community will be on March 5th . Some of our members (particularly our shut-ins) come to receive their imposition of ashes in the parking lot. But many others from the community love this opportunity, particularly those who work evenings or who stop by on their way home from work. Please tell your friends, neighbors and family members about this - invite them!

MONDAY MIDWINTER MOVIES - We have shown 7 films thus far, with just one left to go. Our thanks to Tami Robinson for hosting us and to all the participants who brought snacks. Please join us at the home of Tami Robinson, 818 W Oakmont Avenue, Nampa. Arrive around 6:15 because the film starts at 6:30 pm. Our **February 24th** film is **Driving Miss Daisy** (1989). The year is 1948 and Miss Daisy, a 72-year-old wealthy, Jewish widowed, retired schoolteacher, lives alone in Atlanta, Georgia. When she accidentally drives her car into her neighbor's yard, her 40-year-old son, Boolie, buys her a different car and hires 60-year-old Hoke Colburn to be her chauffeur. Morgan Freeman, Jessica Tandy and Dan Aykroyd star. This is the most recent PG rated film to win Best Picture Oscar.



ANNUAL TRINITY CAMPOUT 2025 - is scheduled for **July 25 - 27** at the Ward property near Donnelly. Save the date! Whether you have an RV, tent, or plan to sleep in a hammock - or at your own place in Valley County - or in a local motel - or just plan to drive up for the day.....you are welcome to join us for as much of the event as fits your schedule. Each year, people invite friends and family who do not attend Trinity; we love having guests.

LOVE OFFERING - Speaking of **CAMPOUT**, our "**love-offering**" this year will be similar but different.....similar in that we are showering our love on a library (Donnelly Public Library this time).....different in that we won't be giving them

books. This library has just over 1000 sq ft of floor space and, with the 2024 legislation requiring separation of adults' and children's materials, they have moved their children's programs outdoors into several teepees. They have a robust after school program plus a wonderful summer program planned. When asked what we could do to support them, the library director said "**healthy snacks**" would be a godsend!

We hope to help provide snacks for the after school and summer children's programs. We would like to be able to offer snacks that the kids will like but are on the healthier side of things. There are many options to choose from at our local stores whether it's a grocery store, Costco, or a specialty market.

The basic requirements are that the snacks are individually wrapped in a snack size portion, they need to be "shelf stable" (does not require refrigeration) with a "use by" date that extends six or more months. The categories are **Cookies, Crackers, Chips, Fruit, Nuts/Seeds, and Miscellaneous**. Some healthy ideas are:

fruit snacks or roll-ups made with real fruit or juice *instead of gummy bears*

popcorn *instead of chips*

crackers with peanut butter or cheese *instead of plain crackers*

graham crackers *instead of cookies*

dried fruit like raisins or cranberries

small portion sizes instead of large bags. Think of things that you might buy for a lunch box.

Tami Robinson (our nutrition expert) found prices ranging from 25 to 75 cents per individual portion. It depends on what's on sale, different name brands, and the season. It's almost as much fun shopping as doing a scavenger hunt! **HINT** - this is **not** the time to clear your pantry of pudding and applesauce that expired in 2013!!

The library's other need is more floor space; it is raising money to add this space. We will collect a **monetary offering** for the library's building fund at the CampOut worship service on 7/26.

2025 - TRINITY'S YEAR OF GRATITUDE

GRATITUDE LENDING LIBRARY - In keeping with our 2025 theme of gratitude, please watch for a NEW little library in the narthex bookshelf. We have 5 books on gratitude that we'd love to have you borrow, read, and return. Follow the instructions on the little clipboard and enjoy! Here's what we have to offer (at the moment - we plan to add more selections as the year continues)....

GRATEFUL by Diana Butler Bass. This book was studied by our Tuesday afternoon group. It covers our individual emotions and ethics around gratitude plus how we as a community can experience gratitude together. Every day there are reasons NOT to feel grateful.....so thoughts and acts of gratitude are a sort of defiance, an alternative to anger and fear. They show hope in the face of evil, and lead to a more abundant experience of living.

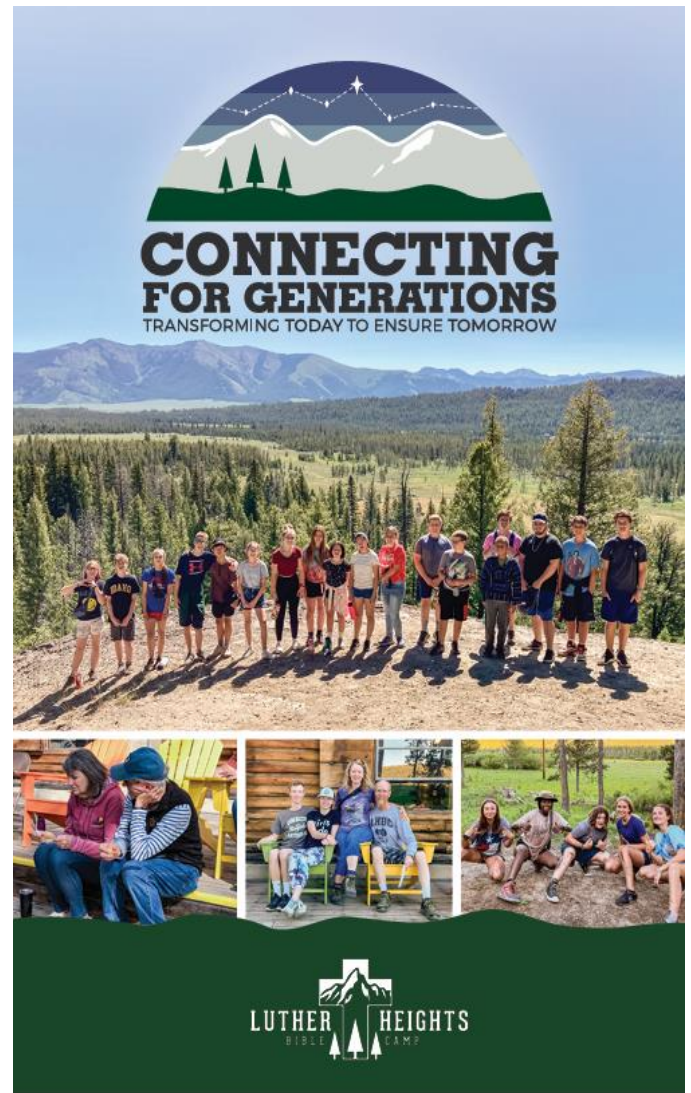
I WANT TO THANK YOU (How a Year of Gratitude Can Bring Joy and Meaning in a Disconnected World) by Gina Hamadey. The author challenged herself to write 365 thank-you letters in a year, separating the months into different categories. Follow the humor and grace of her journey and pick up some ideas you could use. If writing notes is not your thing, there are many ways to express gratitude.

MAKING GRATEFUL KIDS (The Science of Building Character) by Jeffrey Froh and Giacomo Bono. This is research-based guidance on ways to instill gratitude early in life. Kind of like a free wonder-drug with zero ill side-effects.

THANKS A THOUSAND (A Gratitude Journey) by A. J. Jacobs (from TED Books). A simple "thank you" to the barista when he picked up his morning coffee led the author to thank the literally thousands of people who contributed to this coffee.....from farmers and shippers and buyers to the guy who invented the lid with the little hole so he could smell the coffee as he drank it, the creator of the jacket that kept him from burning his hand, and the chemist at the reservoir that supplied his city's water. A fun book that expands your mind and

makes you grateful for all the people who supply things that we all take for granted.

THE GRATITUDE DIARIES (How a Year Looking on the Bright Side Can Transform Your Life) by Janice Kaplan. Another year-long journey, separated into seasons and sub-topics, by the former editor of Parade magazine. She shares the stories, successes and short-fallings of her journey, with some very specific guidance including a 7-day gratitude challenge.



Saturday, February 22, 2025

Dear Member of Trinity Lutheran Church,

We seek to be stronger and more vibrant in living and proclaiming the Gospel in our community and throughout the area. One way we do that is in partnership with Luther Heights.

As the initiatives of the **Connecting for Generations Campaign** are launched, we will be among those who benefit. Faith is shared and people grow in their relationship with God through experiences at camp. All ages experience the joy and welcome of a positive community and the beauty of creation. Leaders for the current and future church are developed by experiences at Luther Heights. *Our church is strengthened as people engage in programs at Luther Heights.*

The need is critical because our world needs spaces of welcome to be curious and connect deeply with a loving God. We as the church need to adapt as the world changes to remain vibrant and important in the lives of people. The timing for Luther Heights is at a critical moment as these projects are connected to the current Forest Service lease, which renews in 2028. The campaign's timing is pivotal to Luther Heights's future.

In gratitude for this shared ministry, our congregation has accepted a goal of \$25,000.00 towards this effort. We are asking every member to respond generously in helping us reach the goal. You are encouraged to consider a gift over the next three years, annual donation, quarterly donation, or monthly donation are all options.

You will soon have an opportunity to join in this effort by making your commitment to the campaign. We will be seeking your response on Sunday, March 2, 2025. Please prayerfully consider your response.

Yours in Christ,

Vicar Aaron Carr (He/Him)
Northwest Intermountain Synod
 Evangelical Lutheran Church in America



What It Will Take

Base Goal

The Luther Heights Board has established the following priorities in the **\$1,326,500** base goal:

Electrical Upgrade and Burial	\$225,500
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Goal to complete 2023

Maintenance Building with Staff Housing	\$968,000
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Well Upgrade	\$33,000
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Staff and Campaign Expenses	\$100,000
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Challenge Goal

An additional **\$1,048,300** is sought as a challenge goal. Project to be funded in this phase include:

Snowyside Health Center Remodel	\$331,100
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Infirmary/staff housing	\$178,200
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White Cloud Lodge Upgrades	\$539,000
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Luther Heights also seeks to secure at least 30 planned gift expectancies through this campaign.

"Camp is a place of calm and quiet, loudness and laughter. It is a place to come to rest, revive, and reflect. It is comfy, cozy, and welcoming. Our kids have grown in body and faith at camp. It is a big part of who they are and who they are becoming."

—AARON LINDEMANN

"Camp has always been a place for me to get away and reconnect. Reconnect with God, with nature, and with people. Living in a digital age we can be fooled into thinking we are connecting online, but nothing can replace dinner together around a table or chatting together on the deck. It's a place to share love and learn how to receive love as well."

—ERIN HENDERSON

Gifts Needed

To meet our challenge goal of **\$2.4 million**, generous gifts of all sizes will be needed:

Number of Gifts Needed	3-Year Gift Commitment	Cumulative Total
1	\$250,000	\$250,000
1	\$150,000	\$400,000
2	\$100,000	\$600,000
4	\$75,000	\$900,000
8	\$50,000	\$1,300,000
10	\$25,000	\$1,550,000
20	\$15,000	\$1,850,000
30	\$10,000	\$2,150,000
35	\$5,000	\$2,325,000
40	\$1,095 (\$1/day for 3 years)	\$2,368,800
Many gifts under \$1,095		\$2,400,000

"Luther Heights fills a crucial role for the Intermountain and Great Basin Regions. It is a place and people committed to living out and sharing the grace-filled gospel of Jesus Christ.

For seventy years we have done this work faithfully. As we look ahead to the next seventy years, we must address several property needs to ensure our guests' safety."

– PASTOR MEGGAN MANLOVE

"Amidst the changes and transitions of life, Luther Heights has been a place of rootedness for my oldest daughter.

In the Sawtooth Mountains, among the beauty of God's creation, and through the caring relationships of the staff is the opportunity to experience God's forgiveness, love and grace. I'm forever grateful for the ways in which the gospel promise is proclaimed to my family, to my friends, to all."

–PASTOR KEN CARROTHERS



TUESDAY STUDY GROUP

PSALMS on Tuesdays from 2:00 pm – 4:00 pm. The Tuesday Study Group is finishing our exploration of other

religions and how Christians can interact and interact with them. On **February 11th at 2:00 pm** we began our new focus on the psalms. Each participant brings his/her own favorite translation of the Bible (perhaps Vicar Aaron will bring his Hebrew version?!) and we will study the different genre of the psalms. It is generally accepted that they group into the following categories: Lament (of the community and of individuals); Specialized Lament (penitential and imprecatory); Thanksgiving (of the community and the individual); Specialized Thanksgiving (salvation history and songs of trust); Hymnic Psalms (hymns and doxologies); Liturgical Psalms for Public Worship (covenant songs, royal/enthronement songs, songs of Zion, and temple liturgies); and Community/Wisdom Psalms. If you have an interest in the psalms, or an interest in a study group - this would be a good time to join us. If your schedule has you out of town frequently, this would be an ideal topic for you - each week's lesson is self-contained, and you won't feel lost if you miss a week or two. Please consider joining us in the Koinonia (blue) room on Tuesdays between 2:00 - 4:00 pm as we trek through the psalms together.



2024/2025

Mutual Ministry: Bryce Quarve (26)

Luther Heights Reps: Janet Metzger & Cathy Winwood

[illegible]

IN OUR PRAYERS

For healing: Colton	(Fran & Elwood's grandson – brain tumor)
Amy Ball	(The Radke Family cousin - pneumonia)
Rylee Bentley	(Emily Bentley's cousin – health issues)
Darrel Miller	(Surgery recovery – Lloyd & Judy Kellar)
Sharon Jones' nieces	(Alzheimer's)
Monica Perez	(friend of Edith Hannett – in need of a kidney)
Di Seba	(cancer treatments)
Kim Edwards	(from Sharon Jones)
Trent Glover	(Relational Healing)
Angel Bray	(Margreta Spady's granddaughter – cancer)
Abby	(Fran & Elwood's granddaughter – seizures)
Eileen Warner	(Received pacemaker. Kristina Radke's Mom)
Frank Hobden	(Recovering from blood clot – Carl Radke's Uncle)
Chris Koons	(Successful surgery – husband of Anita Koons)
Tina Zielinski	(Ankle/Leg healing daughter of Randy & Martha Miller)
Chris Koons	(Positive pathology results – Anita Koons)
Cody	(Youth with heart condition – Emily Bentley)
Addie	(Teenage Crohn's disease – Cathy Winwood)

For Andrew	(Elizabeth Schnabel)
For Berger Family	(mourning loss of daughter from Mary Helen & Gail)
For Klayton Hanson	(from Karson Hanson)
For Dan Baldwin	(from Jessica & Aaron Carr)
For Freedom	(from Sarah Braudrick)
For Dez & Niko	(from Steve, Julie, & Alexa)
For Steven & Angela	(grieving a death in the family)
For People impacted by fires	(People displaced by California fires – Aggie K.)
For People working outside	(People working in freezing temps – Janie Stubson)

People in the Armed Services:

Brett Collins	(grandson of Helen Collins – Marines)
John C. Collins II	(Helen Collins' grandson – Navy SEAL)
Bill MacDonald	(Navy)
Amanda Love	(Cathy Winwood's Niece – Army)

*Prayer concerns will be removed after two months on the list
unless you let the office know otherwise*

Trinity Servants For March 2025

Trinity Lutheran Church Servant Assignments (please find your own replacement and notify office if you can't serve.)

	March 2 Transfiguration	March 9 Lent 1	March 16 Lent 2	March 23 Lent 3	March 30 Lent 4
<u>Assisting Minister</u>	Kim Mills	Pat Benoit	Pat Benoit	Steve VanAtter	Steve VanAtter
<u>Crucifer</u>	Steve VanAtter	Alexa Ward	Giada Armbrust	Cedar Hilger	Jason Mills
<u>Acolyte</u>	Zander Radke	Aldwin Kellar	Karson Hansen	Aggie Klahn	Abigaill Radke
<u>Reader</u>	Tami Robinson	Sierra Armbrust	Janie Stubson	Giada Armbrust	Jeff Henderson
<u>Children's Message</u>	Sarah Henthorn	Larry Mills	Karissa Armbrust	Jason Mills	Penelope Smith
<u>Music</u>	Karissa Armbrust	Karissa Armbrust	Karissa Armbrust	Karissa Armbrust	Karissa Armbrust
<u>Audio/Streaming</u>	Andrew Hanson & David Sheriff	Jason Mills & Andrew Hanson	Sarah Henthorn & Jason Mills	Larry Mills & Sarah Henthorn	Elizabeth Schnabel & Larry Mills
<u>Greeters</u>	Tami Robinson & Joyce Becht	Judy & Lloyd Kellar	Darrel & Peggy Miller	Bentley/Hilger family	Pat & Donna Benoit
<u>Ushers</u>	Darrel & Peggy Miller	Penelope Smith & Elizabeth Schnabel	The Radke Family	Pat & Donna Benoit	Jeff & Nancy Henderson
<u>Altar Guild</u>	Beth Rasgorshek	Lloyd & Judy Kellar	The Benoits	Cathy Winwood	Kim Mills
<u>Offering Counters</u>	Bryce Quarve & Phil Cronk	TBD & TBD	Larry Mills & Darrel Miller	Cedar Hilger & Andrew Hanson	Bryce Quarve & TBD
<u>Fellowship</u>	The Benoits	Luther Heights	The Radke Family	TBD	Tami Robinson & Mary Braudrick
<u>S. S. Teacher</u>	Sierra Armbrust	Sierra Armbrust	Sierra Armbrust	Sierra Armbrust	Sierra Armbrust
<u>Flowers</u>	TBD	None	None	None	None
<u>Wine</u> Julie Haugen	<u>Eternal Candle</u> Julie Haugen	<u>Communion</u> <u>Bread</u> Judy Kellar	<u>Church Cleaning</u> TBD		

Trinity Lutheran Church Calendar for **March 2025**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Office Closed
2 – Transfiguration 9 am – Intergenerational Sunday School 10 am Worship and Communion 11 am Fellowship Time	3 Office 8:00 – Noon	4 Office 8:00 – Noon Noon - Al-Anon 2-4 pm Study Group	5 Office 8:00 – Noon 3-5:30pm-Ashes on the Go 7pm – Ash Wednesday Service	6 Office 8:00 – Noon 6:30 pm Al-Anon	7 Office Closed	8 Office Closed
9 Lent 1 9 am – Intergenerational Sunday School 10 am Worship and Communion 11 am Fellowship Time	10 Office 8:00 – Noon	11 Office 8:00 – Noon Noon - Al-Anon 2-4 pm Study Group	12 Office 8:00 – Noon 6:15pm Lent Soup Supper 7pm Lenten Service (Sight)	13 Office 8:00 – Noon 6:30 pm Al-Anon	14 Office Closed	15 Office Closed
16 Lent 2 9 am – Intergenerational Sunday School 10 am Worship and Communion 11 am Fellowship Time	17 Office 8:00 – Noon	18 Office 8:00 – Noon Noon - Al-Anon 2-4 pm Study Group 7 pm Church Council	19 Office 8:00 – Noon 6:15pm Lent Soup Supper 7pm Lenten Service (Sound)	20 Office 8:00 – Noon 6:30 pm Al-Anon	21 Office Closed	22 Office Closed
23 Lent 3 9 am – Intergenerational Sunday School 10 am Worship and Communion 11 am Fellowship Time	24 Office 8:00 – Noon 9:00 am Epistle Articles Due	25 Office 8:00 – Noon 11:30am Women's Luncheon Noon - Al-Anon 2-4 pm Study Group	26 Office 8:00 – Noon 6:15pm Lent Soup Supper 7pm Lenten Service (Scent)	27 Office 8:00 – Noon 6:30 pm Al-Anon	28 Office Closed	29 Office Closed
30 Lent 4 9 am – Intergenerational Sunday School 10 am Worship and Communion (Noisy Offering) 11 am Fellowship Time	31 Office 8:00 – Noon	1 Office 8:00 – Noon Noon - Al-Anon 2-4 pm Study Group	2 Office 8:00 – Noon 6:15pm Lent Soup Supper 7pm Lenten Service (Touch)	3 Office 8:00 – Noon 6:30 pm Al-Anon	4 Office Closed	5 Office Closed

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TO:



well hello,
march